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### **Sterling Bancorp to Report First Quarter 2008 Financial Results**

New York, NY, April 23, 2008 — Sterling Bancorp (NYSE: STL), a financial holding company and the parent company of Sterling National Bank, will issue its financial results for the first quarter ended March 31, 2008 prior to the opening of the U.S. financial markets on Thursday, April 24, 2008.

In addition, Sterling will hold a conference call on Thursday, April 24, 2008 at 10:00 a.m. Eastern Daylight Time to discuss the financial results. To access the conference call live, interested parties may dial 800-762-7308 at least 10 minutes prior to the call.

A replay of the conference call will be available beginning at approximately 1:00 p.m. Eastern Daylight Time on Thursday, April 24, 2008 until 11:59 p.m. Eastern Standard Time on Thursday, May 8, 2008. To access the replay by telephone, interested parties may dial 800-475-6701 and enter the access code 920378.

#### **About Sterling Bancorp**

Sterling Bancorp (NYSE: STL) is a New York-based banking and financial services company that serves the needs of businesses, professionals and individuals. With assets exceeding \$2.1 billion, Sterling offers a broad array of products and services, combined with a unique high-touch approach to customer service. The Company's principal banking subsidiary, Sterling National Bank, with offices in New York City and Queens, Nassau and Westchester counties, was founded in 1929.

Known for its focus on business customers, Sterling offers such services as working capital lines, asset-based financing, factoring and accounts receivable management, payroll funding and processing, equipment leasing and financing, commercial and residential mortgages, international trade financing, cash management, a wide array of deposit products, trust and estate administration, and investment management services.

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